



Strides Scoop

Making Strides of Leon



June 2024

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ACS Supports Updated USPSTF Breast Cancer Screening Guidelines

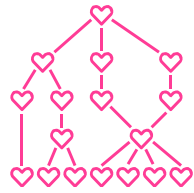
The American Cancer Society on April 30 commended the United States Preventive Services Task Force's (USPSTF) updated recommendations for breast cancer screening for lowering the age to begin mammography screening to age 40, which is more consistent with ACS guidelines.

“The USPSTF decision today is a critical change concerning women’s health and the fight against breast cancer, acknowledging that women in their 40s will benefit from mammography screening, and sending a strong message to referring physicians and women that breast cancer screening should begin earlier than age 50,” ACS Chief Executive Officer Dr. Karen Knudsen said in a statement. “Mammography screening is the cornerstone of our strategy to find this potentially deadly disease early, when it’s easier to treat successfully.”

Read the full press release at bit.ly/USPSTFBreastGuidelines

18 Million and Counting

More people are surviving cancer than ever before. Today, there are more than 18 million cancer survivors in the US. The American Cancer Society works to be sure no one feels alone on their cancer journey, from diagnosis through treatment and survivorship, by helping people find the support, information, and resources they need.



Cancer Survivors Network

Join our online community where cancer patients, survivors, and caregivers can connect with others impacted by cancer and share information and support through our discussion boards, chat room, and private messages. CSN is available 24/7 for members who support and inspire one another, share personal experiences, and offer practical tips for dealing with the side effects of cancer and its treatment. Log on at csn.cancer.org.



Reach To Recovery Website and App

If you have breast cancer, you may want to connect with someone who knows what you're feeling – someone who has "been there." Through our Reach To Recovery website and app, you can match with a trained volunteer who has survived breast cancer. Get connected at reach.cancer.org.



ACS CARES

If you or someone you love has been diagnosed with cancer, deciding what’s next can be overwhelming. ACS CARES™ (Community Access to Resources, Education, and Support) is a new patient and caregiver support program that connects people with quality curated information and one-on-one support. Get the app at cancer.org/acscares.

Find all our survivorship resources, including videos on how to cope with the physical and emotional challenges that come during cancer treatment and beyond, at cancer.org/survivors.



Supporting LGBTQ+ Health Equity Through Public Policy



At the American Cancer Society and the American Cancer Society Cancer Action Network (ACS CAN), health equity means that everyone has a fair and just opportunity to prevent, detect, treat, and survive cancer. As part of our deep commitment to advancing health equity, ACS CAN launched new policy recommendations to support equitable cancer care and eliminate cancer disparities in Lesbian, Gay, Bisexual, Transgender, and Queer/Questioning (LGBTQ+) communities.

LGBTQ+ individuals face a disproportionate cancer burden—including cancer risk factors, screening disparities, and obstacles to prevention, detection, treatment, and survivorship care—often because of systemic factors that go beyond the connection to cancer.

ACS CAN will continue our commitment to health equity by advancing public policies to eliminate barriers to cancer care for LGBTQ+ people. We will also continue to actively evaluate the impact of our engagement at both the federal and state levels on legislation that would prohibit discrimination based on sex, sexual orientation, and gender identity in employment, housing, public accommodations, education, and federally funded programs.

To guarantee that all people—no matter their sexual orientation, gender identity, skin color, disability status, location, or income—have access to quality, affordable health care, we must eliminate health disparities in all communities. This is critical to ending cancer as we know it, for everyone.

Commemorating Juneteenth

Each year the American Cancer Society observes Juneteenth as a federal holiday. We ask that our teams use this time to listen, learn, and act in support of the Black community using our Partnering For Life initiative.



The Partnering For Life initiative works to spread awareness about cancer risk, prevention, and early detection in the Black community. We welcome you to use the resources found here for your own personal health journey, with your family and loved ones, or to lead conversations within your community. We invite you to find out more at cancer.org/partneringforlife.

Interested in becoming more involved with Making Strides Against Breast Cancer of Leon?

We are always looking for passionate volunteers to join us in the fight against Breast Cancer! From team outreach and recruitment, to directing volunteers on the day of the event, to social media outreach, there is something for everyone! If you are interested in learning more about being on our Making Strides Planning Committee, please reach out to Carlye at Carlye.Collison@cancer.org or 850.201.7878.



Your VOICE is the Key to Changing Lives Forever



Not just any kind of change: One that can directly improve the health of Black women for generations to come. VOICES of Black Women, a groundbreaking initiative led by the American Cancer Society, is calling on Black women from all walks of life to join the movement. This isn't just a study; it's a collective commitment to understanding and improving the health of Black women across the nation. **And that change starts with you.**

Let your VOICE be heard. Learn more about the study and find out if you're eligible at voices.cancer.org.

Thank you to our 2024 Making Strides Sponsors!



Interested in partnering with us for our 2024 Making Strides Against Breast Cancer of Leon event? We have many opportunities to get involved, including on-site activation. Reach out to Staff Partner, Carlye Collison, at 850-201-7878 or carlye.collison@cancer.org to learn more!

CONTACT US!

Carlye Collison
850.201.7878
carlye.collison@cancer.org

MAKING STRIDES AGAINST BREAST CANCER LEON

SUNDAY, OCTOBER 20, 2024

Cascades Park



Survivor and Thriver T-Shirts

Survivors and thrivers! Once you register for our Making Strides walk, watch for the redemption email so you can claim your customizable tshirt! Thank you again for being a part of the nation's largest and most impactful breast cancer movement.

How to claim your 2024 Survivor/Thrifer T-shirt!

- Register for your local Making Strides event.
- Follow the instructions and complete the information to get your new shirt!



Making Strides 2024 Promo Video

Team Leader Gift

Team Leaders who register their Making Strides of Leon team in the month of June will receive a plantable gift pack as a token of our appreciation for your generosity. These cute little gift packs are made with post-consumer recycled paper pulp, and contain non-GMO seeds for starting your own little wildflower garden.



MSABC Pop Up Store

Don't miss your chance to order some MSABC gear! Our Pop Up Store will be open for orders from June 3 to June 14. [Click here to shop!](#)



CONTACT US!

Carlye Collison
850.201.7878
carlye.collison@cancer.org

REGISTER FOR THIS YEAR'S WALK!